



Campus Improvement Plan Checklist

Does your current CIP...

- Identify your coordinated school health program?**
Name MS is implementing CATCH as our designated CSH program. We will implement through..
- Have goals and strategies stated in CIP?**
Our goal is to improve physical activity by incorporating physical activity breaks into classrooms.
- Cite resources you reviewed prior to developing these goals and strategies? (fitness data, academic data, % disadvantaged)?**
We have reviewed fitnessgram data, academic data and student population data as we developed our plans or based on our campus data we will implement steps to improve nutrition by...
- State how you are ensuring PE class time has 50% MVPA?**
Our PE teachers will incorporate activities that keep all students active during PE class.
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- Mention policies regarding food for fundraising?**
We will encourage use of non-food fundraisers on our campus
- Mention policies regarding physical activity as a behavior management strategy?**
Students will not be removed from physical activity time for disciplinary action or for academic tutoring.
- Address student and community access to school outdoor/indoor facilities for leisure/physical activity?**
Our school will investigate ways to encourage community use of our outdoor/indoor facilities after school hours for physical activity.
- State there will be alternatives to food as rewards?**
Teachers will be prohibited from using food as a reward in the classroom. Information on alternatives will be provided to staff.
- Include any strategies for increasing physical activity (including physical activity breaks, open gyms, etc.)?**
We will provide open gym on XX days; we will include physical activity breaks during XX
- State how you are communicating policies and practices for physical activity, nutrition and obesity prevention?**
Policies on physical activity and nutrition will be shared (in student handbook/on website/at back to school night?)
- State the involvement of parents on wellness team.**
The school wellness team will have at least 1 parent involved in planning and promoting activities.